

The Nelson House Bed & Breakfast

Nova Scotia Vacation Day Trip Planner



Located in central Nova Scotia, The Nelson House Bed and Breakfast offers our guests the opportunity to arrive from the airport or other points of entry, unpack their luggage and settle in for a 2- 7-day visit doing day trips around Nova Scotia. I have planned several day trips for those of you who like the idea of leaving in the morning for a full day of exploring and then “coming home” at night to familiar surroundings. So whether you decide to stay 2 or 7 days we know you will enjoy the Nova Scotia experience!



Day 1: Stewiacke and Maitland area (6-10 hours)

Bay of Fundy, Wildlife and Native Culture

Shubenacadie Wildlife Park & Greenwing Legacy Interpretive Centre, <https://wildlifepark.novascotia.ca/>

- see moose, bald eagles and over 75 species of animals
- hike a wooded trail to a secluded gazebo overlooking a marsh for nesting ducks or go bird watching

Tidal Bore Interpretive Center South Maitland

- watch from the Look Off the natural phenomenon of the Tidal Bore coming up the longest river in Nova Scotia, passing right under your feet

Tidal Bore Rafting, <http://www.tidalboreraftingtours.com/>

- experience the tidal bore on zodiacs battling the currents

Burncoat Lighthouse and Flowerpots,

www.burntcoatheadpark.ca

- walk the ocean floor, see “flowerpots” created by the mighty Bay of Fundy
- highest tide ever record in the world at 55 feet

Truro, Victoria Park, hiking, Tree Sculptures

- hike 1000 acres of Victoria Park, see waterfalls, take one of many lovely trails or climb 173 steps of Jacobs Ladder
- enjoy a dinner at one of their many restaurants

Mi'kmaq First Nations Heritage Centre, just outside of Stewiacke

- visit the Mi'kmaq First Nations people heritage centre and learn their culture www.millbrookheritagecentre.ca



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Day 2: Advocate Harbour, Parrsboro and Economy area (8-12 hours)

Hike, Beachcomb, and Interactive Learning

Advocate Harbour and Cape D'Or, the oldest village in Atlantic Canada <http://www.capedor.ca>

- hike Cape D'Or:

Joggins Interpretive Fossil Center in Joggins UNESCO World Heritage Site

www.jogginsfossilcliffs.net

- take interpretive tours on the beach looking for fossils

Fundy Geological Museum in Parrsboro

<https://fundygeological.novascotia.ca/>

- enter into the ancient world and discover dinosaur bones
- study mineral treasures of Nova Scotia

Five Island Provincial Park,

<https://parks.novascotia.ca/content/five-islands>

- beach combing to find agate, zeolites, amethysts and semi precious stones
- go clam digging and let your feet sink in the warm rich sand and walk along the cliffs

That Dutchman's Cheese Farm,

www.thatdutchmansfarm.com

- taste the many different cheeses the farm produces

Thomas Cove Trails in Economy

- hike one of the trails, along a salt marsh or cliff overlooking a small village
- explore the beach and watch the tide come rolling in



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Day 3: Halifax City (4-10 hours)



History, Boardwalks and Restaurants

- Shop and Dine on the waterfront historical boardwalk
- Sail or motor on the harbor
- **Halifax Citadel National Historic Site**, <https://halifaxcitadel.ca/>
- **The Maritime Museum of the Atlantic** exhibits Titanic and Halifax explosion artifacts. Lose yourself in the rich sailing history of the Maritimes.
- **Pier 21** - Canada's immigration museum, www.pier21.ca
- **Alexander Keith's Brewery** and tour
- **Halifax Public Gardens**, www.halifaxpublicgardens.ca
- Discover Restaurants offering everything from fine dining to great ethnic food.



Day 4 : Tatamagouche and Jost Winery Country (6-10 hours)

Tour, Taste and Swim

Balmoral Grist Mill.

- <https://balmoralgristmill.novascotia.ca/>
- a working grist mill from 1874 offers treats made from milled flour

Tatamagouche,

- <https://villageoftatamagouche.com/>
- a lovely village on the water with craft shops and eateries

Country Basket Mennonite Bakery

- breads and desserts made on site

Jost Winery, www.jostwine.com

- tour their vineyards and winery and sample complimentary wine

Beaches

- go for a swim in the warmest water north of South Carolina

Sugar Moon Maple Farm, www.sugarmoon.ca

- Maple syrup is produced and sold, taste their homemade pancakes and baked beans all made with their Nova Scotia maple syrup!



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Day 5 : Eastern Shore, Musquodoboit Harbour and Eastern Passage (6-10 hours)

Explore, Swim and Shop

Musquodoboit Harbour

- a 10 km long estuary measuring 2 km wide at the mouth
- a quiet little rural community surrounded many numerous undeveloped islands

Martinque Beach

- stroll along the longest beach in Nova Scotia with 2 km of white sand

Lawrencetown Beach

- watch the many wind and water surfers

Fishermans Crafters Cove, www.fishermanscove.ns.ca

- Eastern Passage is an historic fresh and saltwater cove with a picturesque harbour. Watch the many colorful boats bobbing on the water, walk the boardwalks and visit the many fishing sheds full of treasures and Maritime crafts. From the cove you can take a boat ride, www.mcnabsisland.com
- to **McNabs island** which has a rich history dating back 1600 years ago with the pre-European Mi'kmaq



There is even more to sea and do

Many of our guests make The Nelson House Bed and Breakfast their home base and have toured the Annapolis Valley, the South Shore, Chester, Mahone Bay and Lunenburg area. These areas are about a 2 -3 hour drive away.

Whether you decide to stay 2 or 7 days we know you will enjoy the Nova Scotia experience! There is so much to see and do all within an easy drive of our accommodation.